

Reports on the Effects Long-Term Participation In The Monroe Institute Programs

Participant G

How does the Spirit move across the Face of the Earth?

The Story of Participant G

Her father was an illegitimate child who became a successful “and well paid” scientist. She describes him as “self-indulgent” and her mother as “frightened by the responsibility of having children.” The result was an experience that she would only find out about years later. As an infant, while lying in her crib one winter day, her mother came in and opened the window before throwing water on her. It was a death penalty that was commuted when she returned to dry her off. Later as a school age child, her father would beat her for wetting her bed.

An older couple up the road from where she grew up in the country became surrogate grandparents. It was a much needed example of a loving connection, but her devoted attention made their grandchildren jealous. While returning home one day from a visit, the grandson accosted her. He stripped her and urinated on her.

Between her parents and the neighbor kids (who basically comprised the older couples’ grandchildren), she “was living in an emotionally barren place” and “retreated into my own mind.”

What is on the Other Side of the Rainbow?

Engagement of Multiple Intelligences

- Started and currently runs a hypnotherapy practice.
- Currently writing a book based on her work as a hypnotherapist.

Other Personal Development Activities

- Critical reading of the works of Mary Summer Rain, Anatomy of Spirit by Carolyn Myss, and The Tibetan Book of Living and Dying; more recently worked with Gangaji (Toni Roberson).

Anticipation of Liminal States

- Stepping more fully into life (into possibility) rather than walking around the edges

Sense of “Being Called” To Be Present with Others

- I know I am dying (shedding my skin), but I am hopeful I will have more time here; more opportunity to love. My work is to be a full-time student of life; my exchange is giving and getting love.
- I have a sensitivity, a gentleness, and a concern for others that won't be squashed.